

# Weider Total Body Works Manual

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<http://www.sportsmansguide.com/product/index/weider-total-body-works-5000-gym?a=767927>

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<http://fitnafit.com/weider-total-body-works-5000-gym-review/>

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<http://www.smartmonkeyfitness.com/weider-ultimate-body-works-review/>

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<http://www.ask.com/health/use-weider-total-body-works-5000-gym-e2df69d512f0d542>

Feb 21, 2012 Reviewing the Total Body Works 5000 (formally Weider). Book on Amazon:

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